

Domestic violence and women with learning disabilities



TIZARD
University of Kent

NHS
National Institute for
Health Research

School for Social Care Research

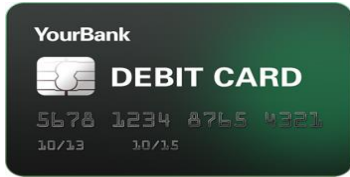
Being abused happens to lots of women in relationships. This is call domestic violence (or domestic abuse) and includes lots of different things:



It can be physical violence.



It can be sexual abuse.



It can be your partner taking your money from you.



It can be insults or verbal abuse.



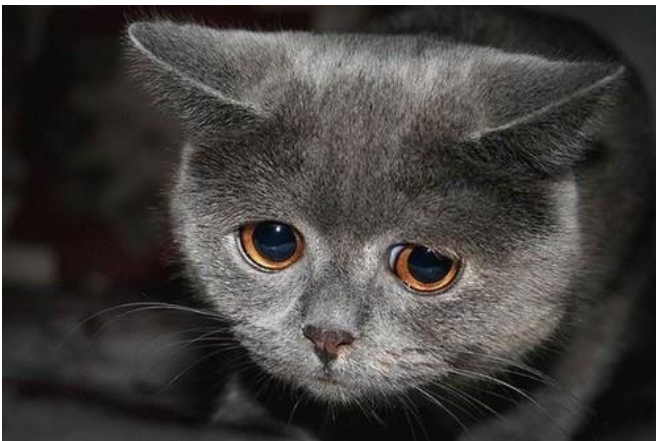
It can be nasty texts or phone calls.



Your partner might also hurt your children, if you have any.



Children will be upset by what is going on, even if they are not being hit themselves.



Sometimes your pet might get hurt too.



If any of these things are happening to you, it is best to get help.



Always call the Police for help if you are being hurt or are in danger.



If you have a social worker, care manager or community nurse, you can ask them for help.



**Friends or family
might be able to help
you.**



**Your GP or a
nurse could help
too.**



**If you tell someone,
you can get help to
make it stop.**



If you report domestic violence to the Police, you may be able to take your partner to court and they could be punished.



If you are in danger at home, you might be able to stay for a while in a women's refuge. This is a safe house for women and children.



Getting help to stop the abuse can give you your freedom back!



**National Domestic
Violence Helpline
0808 2000 247**



**Call free 24 hours
a day**

This leaflet was written by Michelle McCarthy at the Tizard Centre, University of Kent. A video for women with learning disabilities on domestic violence is also available from Michelle. Email M.McCarthy@kent.ac.uk or call 01227 827997.

TIZARD
University of Kent

made with

