GROWING UP IN THE DIGITAL AGE

Identity and Belonging 2019

The impact of digital technologies on the health and wellbeing of children and young people

Following the success of the Identity and Belonging events in 2017 and 2018, the University of Kent and Kent Educational Psychology Service are hosting a one day conference on social media, how young people use social media, and the positive and negative effects that this has on their developing peer relations and personal identity.

While there are multiple benefits that can stem from young people's use of social media, specific online risks have been identified including poor mental health, cyberbullying, sexting and sexual harassment, online pornography, sexual solicitation online and radicalisation.

The conference programme will offer a combination of recent research into how young people use social media, the effects of social media and a series of workshops focussing on specific areas of concern to schools, colleges, youth and community groups and services. The voice of young people will take the form of a short film prepared by students from East Kent College.

Confirmed Speakers include: Duncan Stephenson, Royal Society for Public Health; Sally Williamson, Director of Salus Group; Professor Jane Reeves, Centre for Child Protection, University of Kent; Dr Afroditi Pina, School of Psychology, University of Kent; Dr Simon Hammond, University of East Anglia; Dr Laura Gray, Educational

Psychologist, South Tyneside Council

Thursday 4 July 2019, 09.30-16.00 Woolf College, University of Kent, Canterbury, Kent

Places at the conference cost £99 and can be booked via https://bit.ly/2G43jBd Lunch and refreshments will be provided. Organisers: Kent Educational Psychology Service and the University of Kent

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