By Carys, age 17

A Thousand Thoughts

A thousand miles a year
I zoom along the track.
The wheels slice the air
The air can't hold me back

A thousand shrieks a day
My family around
Their smiles radiate love
No judgement can be found

A thousand times an hour
I hear their laughs behind
Their crutches follow me
Their hearts in time with mine

A thousand dreams a second
They say we can't fulfil
But the wheels give me comfort
Some day I know we will.