



Welcome to the Co-production Lab

Learning to work together

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Housekeeping



Stand up, stretch, get something to drink



Please turn off notifications, silence phone, close tabs not essential



Video on – if connectivity or bandwidth an issue please say hello before turning off



If you have to leave during the workshop please put a message in the chat



In the main room please mute unless speaking – not necessary in the breakout rooms

Learning objectives



To provide a taster of working in co-production



To participate in an experiential process: learning to work together & capitalise on your different perspectives, skills, knowledge and experiences



To co-produce a project outline, potentially laying the foundations for a co-produced project



To reflect, individually and as a group, on what you have learnt



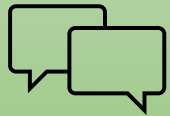
Format of the session

- Focus of the session is on the process of working together
- Mixture of main room and breakout rooms
- You will be allocated to a breakout room and stay with the same people throughout the morning
- One of us will be in each breakout room to make notes, answer questions and keep an eye on time
- One person from each group will need to feedback after each session to the main room
- Juli is here to create a visual record of the workshop
- We will not be recording the workshop
- Break of 15 minutes part way through

Activity 1: Getting to know each other (10 mins)



When you signed up for the workshop you were given a profile form to complete



In breakout rooms please take a few minutes to introduce yourselves using your profile as a starting point



Please feel free to add anything else that you think might be useful for people to know about you

Activity 1: Reflection (5 mins)

1. How did you use the profiles and what was helpful?

2. What would you do differently (either online or face-to-face)?

3. What helps you to share things about yourself (personal and professional) and get to know other people?

Who is going to feedback? 1minute per group, maximum 3 key points

Introduction to co- production

Definition

Principles

Key features

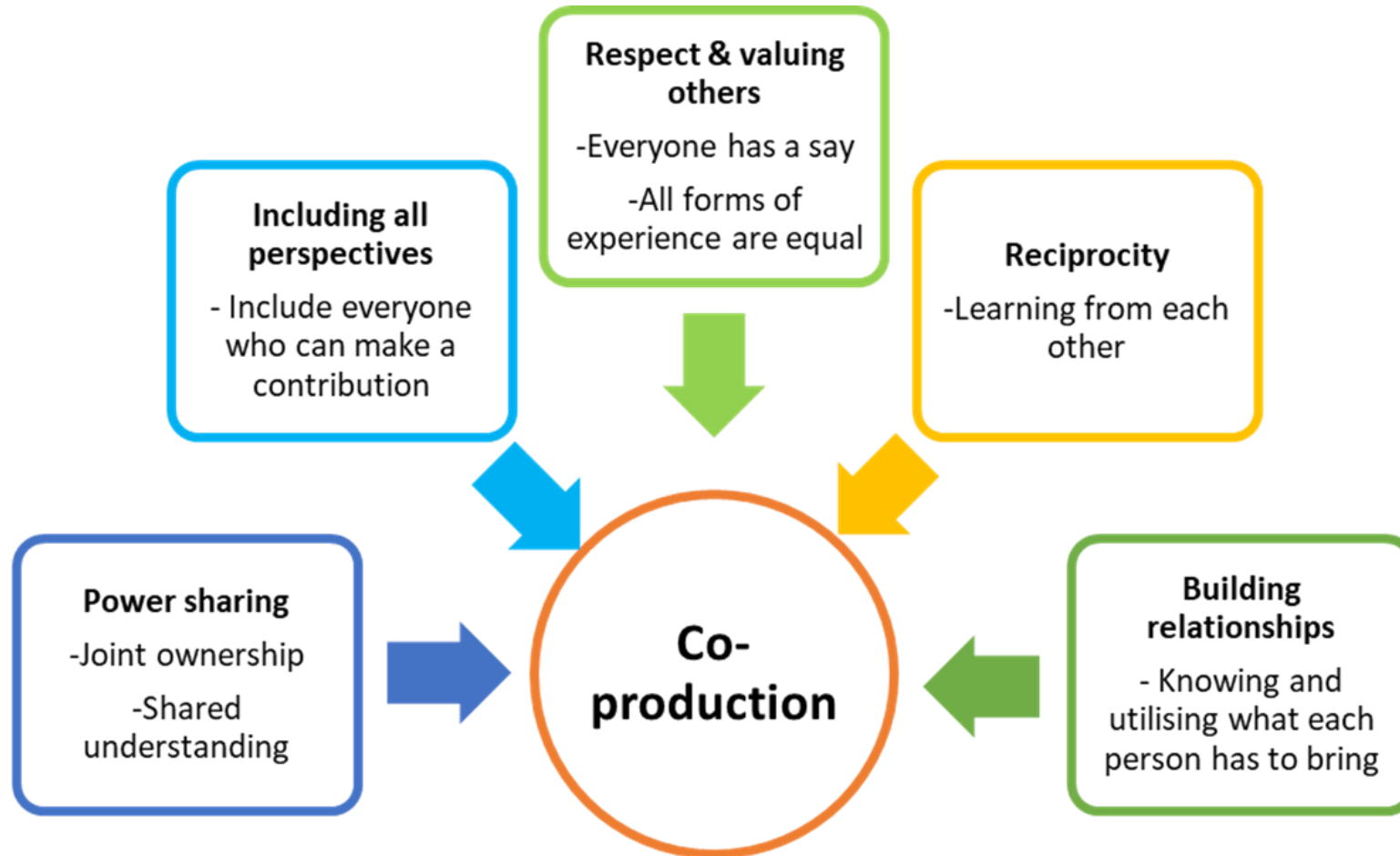
Scale of research co-production

Defining co-production in research

*Co-producing a research project is an approach in which researchers, practitioners and the public **work together, sharing power and responsibility from the start to the end of the project, including the generation of knowledge.***

(INVOLVE, 2018, p.4)

Principles (INVOLVE, 2018)



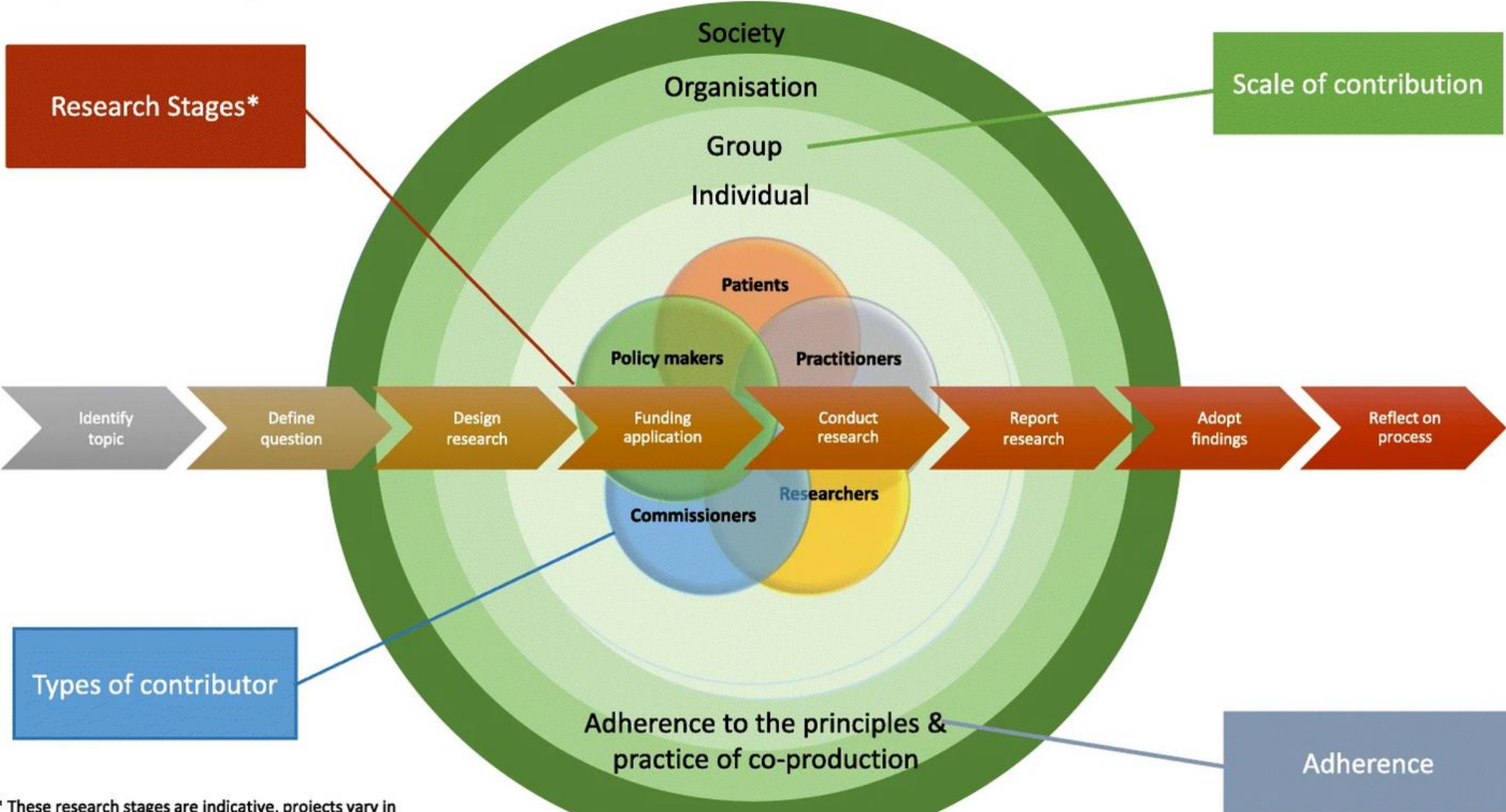
INVOLVE (2018) *Guidance on Co-Producing a Research Project*. Available from:
<https://www.invo.org.uk/posttypepublication/guidance-on-co-producing-a-research-project/>

Key features

- Establishing ground rules
- Ongoing dialogue
- Joint ownership of key decisions
- A commitment to relationship building
- Opportunities for personal growth and development
- Flexibility
- Continuous reflection
- Valuing and evaluating the impact of co-producing research



A scale of research co-production (Becket et al, 2018)



* These research stages are indicative, projects vary in terms of which stages are involved, their order and whether they are funded or not.

Activity 2: Deciding on a research focus (25 mins)

In your 3 groups we will give you a broad topic area:

- Think about the nature of the issue/problem

- Discuss in the light of your individual experiences

- What direction do you want to take this in?

Activity 2: Reflection (10 mins)

1. How easy or difficult was it to decide on a focus of the project? Why?

2. Did anyone naturally lead this more? Why? Was this helpful?

3. How is this different to how you usually get involved in research or involve others in research?

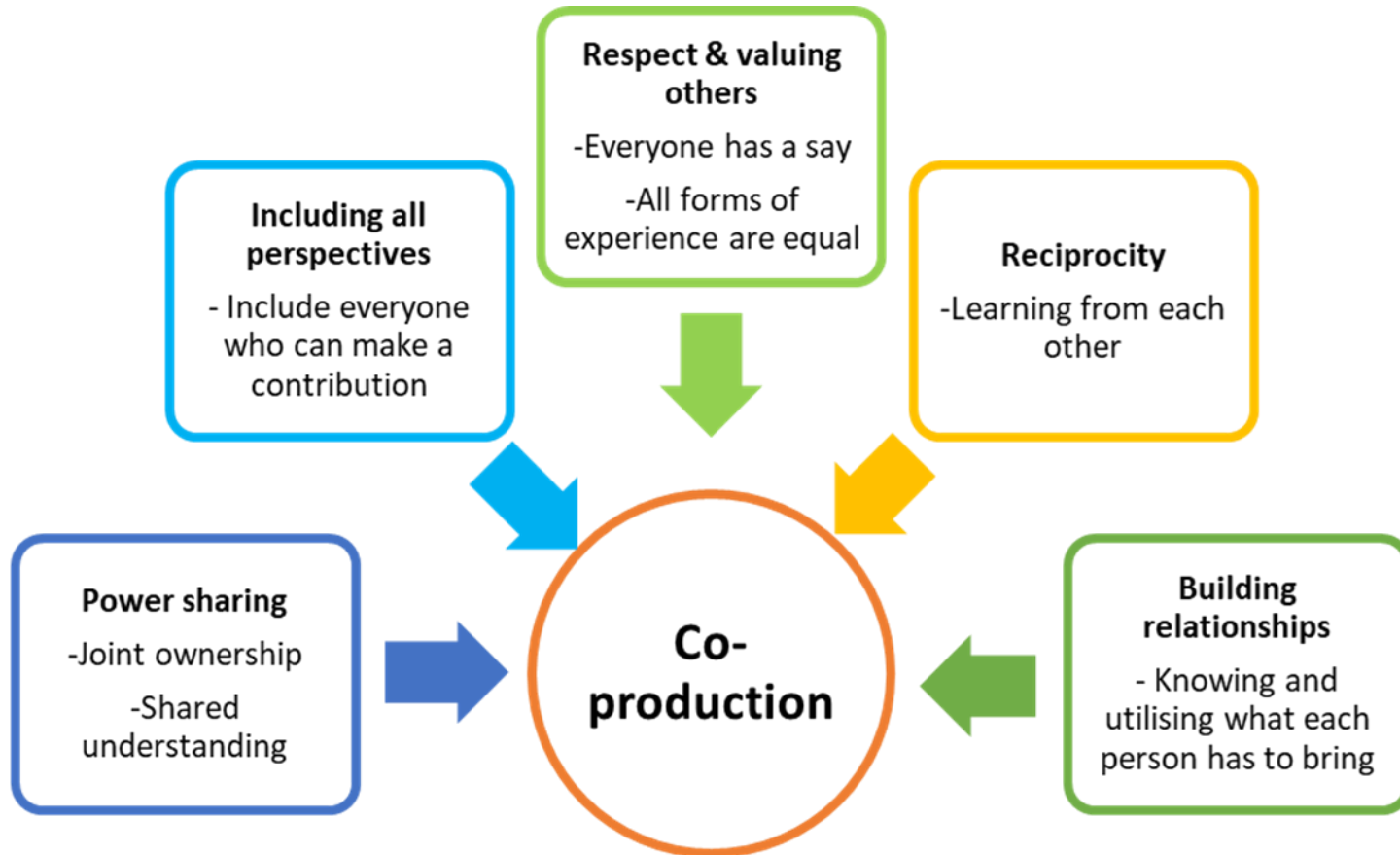
Who is going to feedback? 1minute per group, maximum 3 key points

Building a team

It is important to :

- Think about the key people needed for a project team, where they come from, and their 'power' and 'interests'
- Explore the make up, skills and experience of the project team
- Begin to understand how everyone will contribute to the project
- Establish constructive ways of working

Activity 3: Building a team (20 mins)



1. Who do you need in your team? (Think about who is here today and who is not represented)
2. Look at each of the INVOLVE principles. Discuss how you want to work together to meet these.

Activity 3: Reflection (10 minutes)

1. Are we assuming that people are speaking for wider groups and is this justified?

2. How useful were the principles for guiding your conversations about how you will work together?

3. Are there any concerns about meeting everyone's needs for working together?

Who is going to feedback? 1minute per group, maximum 3 key points

Activity 4: Designing the research project (25 mins)

Time to develop your ideas: the emphasis is on ideas rather than written words

1. Develop research aims/questions

2. How will you do the research?

3. Who in the team wants to do what?

4. What support does everyone need to make this happen?

Activity 4: Reflection (10 minutes)

1. What worked well?

2. What was difficult (hypothetical topic and task with limited time)?

3. Drawing on your experience how could you address these problems if they arose in future work?

Who is going to feedback? 1minute per group, maximum 4 key points

Next steps

Co-production: no one size fits all

Hope that you have something to take away: ideas, practical things to take forward, new connections

17th March: workshop assessing the impact of co-production

30th March: co-production Lab launch day

Learning together

In the chat facility:

1. Please share one thing you have learnt, enjoyed or found helpful
2. Anything from today that you would like us to re-visit on 17th March?

And/or feel free to email us:

- Nadia Brookes n.k.brookes@kent.ac.uk
- Vanessa Abrahamson V.J.Abrahamson@kent.ac.uk
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- Amanda Bates A.J.Bates@kent.ac.uk

Thankyou!