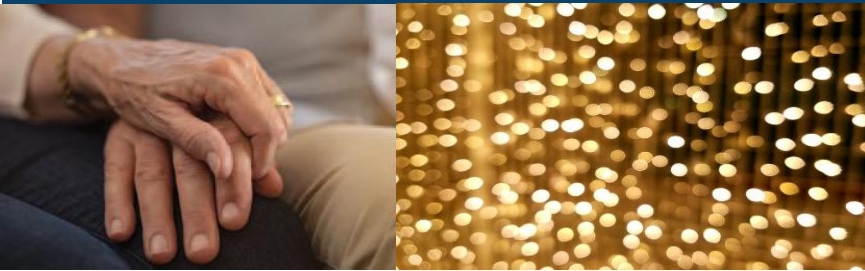


COReC Research Involvement Newsletter

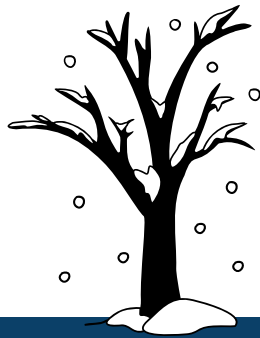
COReC

Care and Outcomes Research Centre

December 2025



Welcome to the December PPIE Newsletter



The festive season is upon us and I'd like to take this opportunity to wish you well during the season's festivities. Most of the University of Kent team will be on annual leave from Friday 19th December, returning on Friday 2nd January. I shall be back online on Monday 5th January.

As mentioned in a recent email, our research team have rebranded to the 'Care and Outcomes Research Centre' (COReC). The rebrand has been a while coming, spearheaded by Jules Forder and Karen Jones, as Co-Directors of PSSRU, deciding to update the brand to highlight the centre's specific research areas. Karen committed to continue with the rebrand when Jules passed away in 2024.

Sarah Birch



Public Involvement and
Engagement Manager,
University of Kent.

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Telephone: 01227 824967

Our research focusses on transforming health and social care through rigorous, multidisciplinary research. The centre's strengths will continue in social care economics, outcomes measurements and application, policy research and evaluation, and meaningful public involvement and engagement.

Our website has been updated. Feel free to have a read!

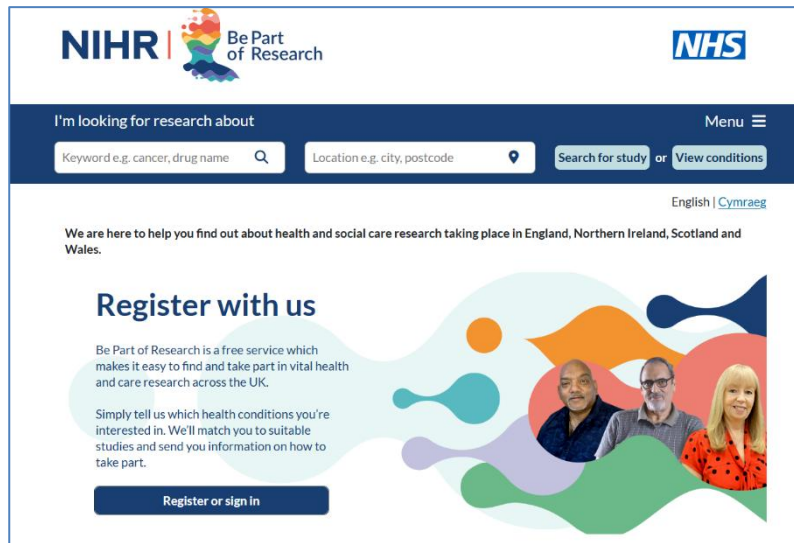
[Home - Care and Outcomes Research Centre](#)

Wishing you all a happy and prosperous 2026!

Kind Regards, Sarah

NIHR – Be Part of Research

This initiative invites anyone to participate in health and social care research studies.



[Click here](#) for
more
information

If interested, you can register your details and choose studies into health conditions you are interested in being matched to.

The 'Be Part of Research' system will email you details of approved studies taking place online or at locations near you.

The decision to take part is then up to you and you can discuss the opportunity with the research team.

NIHR QSO PRU on Social Media!

For those who follow updates and news on social media, you can now find the National Institute for Health and Care Research Policy Research Unit in Quality, Safety and Outcomes for Health and Social Care (NIHR QSO PRU) on [Instagram](#)



www.instagram.com

Search for:

'Quality Safety Outcomes'

News from the Research Advisor Network

Involvement with Sheffield Hallam University – Eleni Chambers

‘Battling on multiple fronts – Institutional Barriers to public involvement in University Research and Teaching.’

[Click here](#) to read the report in full!

People with lived experience (of health conditions, poverty, migration, and all kinds of other things) want to be involved in research, and researchers want to involve them.

Funders actively encourage involvement. But administrative processes within universities can make it difficult, leading to frustration and additional work all round. This report details the findings and recommendations for public involvement in University research and teaching.

The hidden labour of participation – Jennifer Pearl

Jennifer shares her reflections in a ‘Think Local, Act Personal’ Blog, on why good care and support is the difference between being able to contribute and being excluded.

Jennifer speaks about the hidden labour behind attending events, the importance of having the right support in place, and why co-production loses integrity when people with lived experience can’t be there to present the work they helped to shape.



News from the Research Advisor Network

PPIE Outreach in China

Jennifer Bostock attended and presented at international conferences last month in China. 'It was a marvellous opportunity and a great adventure, complete with colourful clothes and even more colourful characters. The conferences were all singing, all dancing affairs, with 2600 delegates attending in Shanghai for the 23rd Conference on International Exchange of Professionals and amongst the illustrious speakers (self not included) were 3 Noble prize winners.'



In Beijing, Jennifer took PPIE to a new audience of academics, medics, academic publishers, Cochrane and policy makers, presenting to the 6th Beijing Forum of Evidence-Based Medicine. Along with spreading the word of PPIE, Jennifer had a bit of excitement at being appointed as a Visiting Professor at Beijing University of Chinese Medicine where she will teach and offer support and exchange learning with visiting scholars over the next 3 years.

News, Publications and Bulletins

- NIHR Applied Research Collaborations (ARCs): [December Newsletter](#).
- NIHR RSS Research Methods Academy: [YouTube Videos](#).
- SCIE : 'Shaping Change Together: Co-producing innovation in social care' [Report](#).

Acronyms & Links

ARCs

Applied Research Collaborations

COReC

Care and Outcomes Research Centre

DHSC

Department of Health and Social Care

NIHR

National Institute for Health and Care Research

NIHR QSO PRU

Policy Research Unit in Quality, Safety & Outcomes of Health and Social Care

NIHR RSS

Research Support Service

PIRAN

Public Involvement Research Advisor Network

PPIE

Patient and Public Involvement and Engagement

PSSRU

Personal Social Services Research Unit (now known as COReC)

SCIE

Social Care Institute for Excellence