# **CHSS Research Involvement**

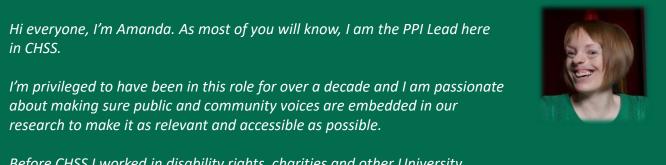


Hi everyone! We hope that you are enjoying the change in season. Isn't the blossom just beautiful?

Over the past few months, since Lisa joined CHSS, there have been lots of changes taking place in PPI. The PPI network has been renamed the Research Involvement Group (RIG) and we even have a new email address: InvolveResearch@kent.ac.uk so keep your eyes peeled for updates!

However, as you know, Vicky has recently moved on to another role in the department and Jade, Amanda's Support Worker, is due to move on to an exciting role at the end of the month, too. So, please do bear with us as we transition over the coming weeks. Vicky and Jade have been amazing and we cannot thank them enough for their hard work and dedication.

As always, we are so grateful to have you all in our network and wish to express our utmost gratitude for your commitment and patience – thank you.



Before CHSS I worked in disability rights, charities and other University departments but there's no place like CHSS!





## **Current Research**

IsoFIT-BP study. Does an 'at home' isometric exercise plan help NHS patients with clinically high blood pressure? <u>Read More here</u>

Better Care Moves for Older People <u>Read More here</u>

The PDD Project: Evaluating police-led diversion schemes Read More here

Do you know anyone who would like to be involved in the Group? If so, please get in contact as we would love to expand our community! Email: <u>InvolveResearch@kent.ac.uk</u>

## **Upcoming Opportunities**

### CHSS Lunchtime Research Seminar

17<sup>th</sup> April 1-2pm via Teams or in-person This month, presenters will be discussing the 'PlaySpace' project: public play workshops for wellbeing in education, community, and organisational contexts.

### **RIG Engagement Session**

24th April 10:30-11:30am via Zoom During this one-hour session, members of the Research Involvement Group (RIG) are invited to come together and network with one another and meet the PPI team. Further details to follow!



