As an artist whose background is in performance I am interested in exploring a creative independence away from the established theatre conventions; finding new ways to activate consciousness by constantly searching for new processes that will enable me to truly express and reflect what it means to be human.

I have been working as a professional actor for fifteen years. For the last six years I have focused my energies into the area of active theatre research. After co-founding the international Dublin-based theatre-laboratory **nervousystem** and as part of my process of exploration, I travelled to Russia, Italy and Poland to collaborate with members of The Workcenter of Jerry Grotowski and Thomas Richards and theatre practitioner Gey Pin Ang. During this time I developed a detailed and comprehensive performers-training program that I have shared in different occasions with performers from Ireland and abroad.

The remit of my work is the systematic building and development of a daily practice that will enable me to confront my own independent creative impulses — challenging, in this way; the role of the actor by combining the independent creativity and solitude found in other art forms such as visual arts with the endless possibilities of the pure language of theatre (body, voice and imagination). By placing myself at the central axis of the creative act and working from the organic impulses one has in a given moment, I intend to explore and understand more our human condition in an ever changing reality.

Marián Araújo marian@nervousystem.net www.nervousystem.net



The British Grotowski Project and
The European Theatre Research Network
present

The Myth and The Flesh



a performance-based research presentation by **Marián Araújo**

15th of October, 6 PM

Aphra Theatre, University of Kent, Canterbury
free entry, all welcome



