



University of Kent, Canterbury
Aphra Theatre (and across campus)

MILON MELA IN KENT

Wednesday 28 May 2008

A day of workshops, meetings and performances with remarkable Indian ensemble **Milón Méla (The Coming Together Fair)**, as part of their first ever UK residency.

12.00pm Demonstration of the **Motions** created by **Jerzy Grotowski**
(first ever presentation in Britain)

2.30-6.30pm Workshop for professional practitioners and students

7.15pm Open meeting and film screening with director **Abani Biswas**
and **Milón Méla** artists

8.30pm **Outdoor performance parade**

Meeting, Film and Performance **£5** All events (including workshop) **£25**
All are welcome

For further information and to participate please contact:
Dr Giuliano Campo G.Campo@kent.ac.uk 01227 824918
or visit www.britishgrotowski.co.uk



Programme

The Motions

Motions is a collective action devised by **Jerzy Grotowski** in the late 1970's during the Theatre of Sources project, consisting of a series of stretching positions of the spinal cord in the direction of the four cardinal points.

The Workshop

Led by **Abani Biswas** and all the artists of **Milón Méla**, the workshop provides participants with a personal training which improves professional skills such as physical perception, full mobilization of energy, voice and body resonators, alertness, attention and concentration.

Open meeting with Milón Méla

Followed by the screening of a documentary film on the ensemble's activities at Theatre House - Khele Danga, their work-centre in India.

Outdoor performance parade

Milón Méla performance parade is a spectacular musical and visual procession. Dynamic and filled with energy, it's led by the live acoustic music of the **Baul** musicians, followed by the masked **Chhau** with their acrobatic dances and their rhythmic drums, by the **Kalaripayattu** martial arts masters with their sword combats, and by the refined and harmonious **Gotipua** dances, combining classic Yoga postures with acrobatic movements.

Led by director **Abani Biswas**, founder of **The Sources Research Project** (India) and former collaborator with the celebrated Polish director **Jerzy Grotowski**, **Milón Méla** gather together extraordinary artists and masters of some of the most ancient Indian performance disciplines. The ensemble has its own work-centre, Theatre House – Khele Danga, in West Bengal, where they host an annual programme of residential workshops and performance events. They regularly perform at festivals in Europe, in city squares and streets, open arenas and theatres. **Milón Méla** also leads an intense activity of training in schools and universities, and works with various theatre groups, cultural associations, psychotherapy groups and people from different walks of life interested in their work.

For more information visit their website: <http://digilander.libero.it/milonmela>

Milón Méla in Kent has been produced by **Giuliano Campo** in collaboration with **The British Grotowski Project** and **Organic Theatre**, supported by **Arts Council England**.

