

Four-level proxy questionnaire (ASCOT-Proxy)

Introduction

The purpose of these questions is to measure the effect of care and support services on the lives of people who use them. By care and support services we mean people receiving home care, Personal Budgets, Direct Payments, attending a day centre, equipment, meals services or living in a care home. Where possible, we always ask people how they feel about their own lives. Because this is not always possible, it is useful to get another perspective, such as from a friend, relative or care worker who knows the person well, often spends time with the person, and knows about the care and support they receive. This is why you have been asked to fill in this questionnaire.

If you feel that you may not be the right person to fill in this questionnaire, or that someone else would be better placed to do so, then please contact us to let us know.

The questions will ask about different aspects of the person's life at the moment. First, you will be asked to say what you think about the topic. Please say **what you think** about that aspect of the person's life. Do this by ticking one box in the 'say what you think' column. Then you will be asked to say **how you think the person feels** about that aspect of life. Do this by ticking one box in the 'how I think this person would answer' column. This may be difficult for you to say. However, please try to answer these questions as best as you can.

At the end of each question there is a comments box. You do not need to fill this in, but if you would like to add any further information please do so.

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1. Thinking about the food and drink the person you represent gets, which of the following statements best describes his/her situation?

Please say what you think in the first column. Then say how you think the person you are representing would answer in the second column. Please write in the comments box if you wish to add anything to your answer.

The person I am representing...

*Please tick (✓) **one** box for **each** column*

	My opinion	How I think this person would answer
Gets all the food and drink s/he likes when s/he wants	☐	☐
Gets adequate food and drink at OK times	☐	☐
Doesn't always get adequate or timely food and drink	☐	☐
Doesn't always get adequate or timely food and drink, and there is a risk to his/her health	☐	☐

Comments (optional)

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2. Which of the following statements best describes the cleanliness and comfort of the home *(of the person you are representing)*.

Please say what you think in the first column. Then say how you think the person you are representing would answer in the second column. Please write in the comments box if you wish to add anything to your answer.

The home of the person I am representing is...

*Please tick (✓) **one** box for **each** column*

	<i>My opinion</i>	<i>How I think this person would answer</i>
As clean and comfortable as s/he wants	☐	☐
Adequately clean and comfortable	☐	☐
Not quite clean or comfortable enough	☐	☐
Not at all clean or comfortable	☐	☐

Comments (optional)

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- 3. Thinking about keeping clean and presentable in appearance, please say what you think in the first column. Then say how you think the person you are representing would answer in the second column.**

Please say what you think in the first column. Then say how you think the person you are representing would answer in the second column. Please write in the comments box if you wish to add anything to your answer.

The person I am representing feels...

Please tick (✓) **one** box for **each** column

	My opinion	How I think this person would answer
As clean and presentable as s/he likes	☐	☐
Adequately clean and presentable	☐	☐
Less than adequately clean or presentable	☐	☐
Not at all clean or presentable	☐	☐

Comments (optional)

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- 4. This question is about how much contact the person you are representing has with people s/he likes. This could include seeing friends, family, colleagues, carers, housemates and other people s/he knows.**

Please say what you think in the first column, then say how you think the person you are representing would answer in the second column. Please write in the comments box if you wish to add anything to your answer.

The person I am representing has...

*Please tick (✓) **one** box for **each** column*

	My opinion	How I think this person would answer
As much social contact as s/he wants with people s/he likes	☐	☐
Adequate social contact with people	☐	☐
Some social contact with people, but not enough	☐	☐
Little social contact with people and feels socially isolated	☐	☐

Comments (optional)

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- 5. Which of the following statements best describes how the person you represent spends his/her time? This includes anything that s/he does in his/her day-to-day life that s/he values and enjoys.**

Please say what you think in the first column. Then say how you think the person you are representing would answer in the second column. Please write in the comments box if you wish to add anything to your answer.

The person I am representing...

*Please tick (✓) **one** box for **each** column*

	My opinion	How I think this person would answer
Is able to spend his/her time as s/he wants, doing the things s/he values or enjoys	☐	☐
Is able to do enough of the things s/he values or enjoys with his/her time	☐	☐
Does some of the things s/he values or enjoys with his/her time, but not enough	☐	☐
Doesn't do anything s/he values or enjoys with his/her time	☐	☐

Comments (optional)

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6. This question is about how much control the person you are representing has over his/her daily life.

By 'control over daily life' we mean having the choice to do things or have things done for him/her as s/he likes and when s/he wants.

Please say what you think in the first column. Then say how you think the person you are representing would answer in the second column. Please write in the comments box if you wish to add anything to your answer.

The person I am representing has...

Please tick (✓) **one** box for **each** column

	My opinion	How I think this person would answer
As much control over his/her daily life as s/he wants	☐	☐
Adequate control over his/her daily life	☐	☐
Some control over his/her daily life, but not enough	☐	☐
No control over his/her daily life	☐	☐

Comments (optional)

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7. This question is about feeling safe. By feeling safe, we mean how safe the person you are representing feels both inside and outside the home. This includes fear of abuse, falling or other physical harm.

Please say what you think in the first column. Then say how you think the person you are representing would answer in the second column. Please write in the comments box if you wish to add anything to your answer.

The person I am representing feels...

Please tick (✓) **one** box for **each** column

	My opinion	How I think this person would answer
As safe as s/he wants	☐	☐
Adequately safe, but not as safe as s/he would like	☐	☐
Less than adequately safe	☐	☐
Not at all safe	☐	☐

Comments (optional)

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8. This question is about dignity and respect. By dignity and respect, we mean the effect of help from *paid carers* on how the person you represent thinks and feels about themselves.

Please say what you think in the first column. Then say how you think the person you are representing would answer in the second column. Please write in the comments box if you wish to add anything to your answer.

Because of the **paid care** s/he receives, the person I am representing...

*Please tick (✓) **one** box for **each** column*

	My opinion	How I think this person would answer
Thinks and feels better about him/herself	☐	☐
Does not think or feel differently about him/herself	☐	☐
Sometimes feels undermined in the way s/he thinks or feels about him/herself	☐	☐
Feels completely undermined in the way s/he thinks or feels about him/herself	☐	☐

Comments (optional)

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This questionnaire was developed by the Care and Outcomes Research Centre (CReC, formerly the PSSRU) at the University of Kent, United Kingdom (UK). The study was funded by the NIHR Policy Research Programme under the Quality and Outcomes of Person-Centred Care Policy Research Unit (QORU). The University of Kent is the sole owner of the copyright in these materials. The University of Kent authorises non-commercial use of this questionnaire on the condition that anyone who uses it completes the licence form (available at: <https://research.kent.ac.uk/ascot/licensing/>) to enable the University of Kent to track authorised non-commercial use. The University of Kent does not automatically authorise commercial use of this questionnaire. Anyone wishing to obtain a licence for commercial use of any of the ASCOT materials should complete the for-profit licence form available at: <https://research.kent.ac.uk/ascot/licensing/>). You may then be put in touch with the Research and Innovation Support at the University of Kent.